

PROHEALTH SPORTS AND SPINAL BRINGS 17 YEARS OF PHYSIOTHERAPY EXPERTISE TO MANILA

March 23, 2017 - Manila, Philippines

With 17 years of providing the highest standard of back and neck pain treatment, spinal rehabilitation, and occupational and sports physiotherapy, **ProHealth Sports and Spinal Physiotherapy Centre** is now bringing their unique expertise to the Philippines. Already with branches in Beijing, Hong Kong, India, and Singapore, Manila is the latest location to be added to the successful chain of physiotherapy clinics.

Having recently joined the **ProHealth Asia group** of healthcare specialists, who have over two decades worth of experience successfully providing specialty care, the company has not only expanded its range of personalized healthcare services for adults and children of all ages, it has also added a comprehensive training program for physiotherapists — the **ProHealth Physiotherapy Academy**. The education program ensures clients receive treatments utilizing the newest concepts and techniques in the field of physiotherapy.

ProHealth utilizes vast experience with professional and international sports teams to ensure cutting edge care is provided to all its clients, regardless whether engaged in high level competition or not. The spacious facility on the 28th floor of Centuria Medical Makati is armed with physio gyms with reformers, seven physio rooms, shower areas, a pantry, and a lounge area. The clinic also boasts of real-time ultrasound to better assess and treat patients.

Partnered with Pinnacle Performance, a world-class athletic and physical development center, both high-level professional athletes and recreational fitness enthusiasts alike, have a highly acclaimed physiotherapy clinic to trust for injury recovery and prevention, for muscle function and flexibility improvement, and for spinal manipulation and rehabilitation.

Owned and operated by Prohealth Asia Ltd objectively measured progress in its one-one-one sessions. To book an appointment, visit www.sportsandspinal.ph, or call 793-8762. Walk-ins are also welcome, with physiotherapists happy to conduct 45-minute assessments of new patients.

ProHealth Sports & Spinal specializes in the following:

- Manual Therapy
- Sports Physiotherapy
- Muscle Therapy
- Spinal Manipulation

- Spinal Rehabilitation
- Post-Operative Rehabilitation
- Endurance Sports Injury
- Exercise Prescription
- Sports Physiotherapy and Sports Medicine Management

ProHealth Management:

Mark Cameron: BPhy (Otago), MNZSP, Registered Physiotherapist

Mark is Managing Partner of Prohealth Asia Limited. As the Managing Partner, his focus is on managing the overall strategy and growing various healthcare verticals of Healthcare across Asia. This involves day to day operational management, Financial, Acquisitions and Partnerships across Asia.

Mark trained as a physiotherapist in New Zealand but made Hong Kong his home in 1995. He is a successful entrepreneur and business leader based in Hong Kong.

Outside of healthcare, Mark founded and sits on the board of Booktrack, an ebook technology company that provides soundtrack solutions for ebooks. In these roles, Mark has combined his skills in business development, human resource management, as well as mergers and acquisitions, to enable him to build a financially successful business model that continues to expand across the region.

Philippa Stewart

Philippa is a director and physiotherapist currently managing SPI ProHealth Asia Ltd based in Hong Kong. Originally from New Zealand, she grew up in Australia where she earned her physiotherapy degree in Perth in 1982, and quickly became interested in the emerging specialty of Sports Physiotherapy. She moved to Asia 28 years ago basing herself in Hong Kong and became involved in education, firstly employed by the Hong Kong Polytechnic University to teach physiotherapy, and then to China as part of the World Health Organization's training scheme to introduce all aspects of rehabilitation medicine to doctors and nurses.

With sports medicine growing in Asia she and Sheilagh Anderson set up Sports Physiotherapy International Co. Ltd in 1995 to service elite athletes worldwide and further develop these skills amongst local physiotherapists. Recently this company has joined the ProHealth Asia family and has been rebranded SPI ProHealth Asia Ltd.

As part of her high level resume she has worked at three Olympic Games and a Commonwealth Games, plus with the Asian Golf Tour, European Men's and Women's Tours, LPGA, PGA, and WTA covering multiple world class events including Grand Slam tennis events, and working individually with the world's top golfers.

ProHealth Therapists:

Steph Yee

BSc Physical Therapy (PH) Grad Dip Man Ther (Hons) World Rugby Medical Educator World Rugby L2 ICIR Dorn Method Practitioner Registered Physiotherapist

Marvin Sevilla

BSc (Hons) Physical Therapy (PH) Sports Therapist Consultant: PGA European Tour Manual Physiotherapist Associate Member- UKSCA Certified FMS Level 1 Registered Physiotherapist

Albert Ang

Cand. MSc Physical Therapy (PH) Level 1 Fascial Manipulation: Stecco Method Dorn Method Practitioner Registered Physiotherapist

Gorby Sangco / Camille Cordero / Esther Doroteo

BSc Physical Therapy (PH) Registered Physiotherapist

About ProHealth Asia

ProHealth Asia operates high end healthcare services within a network of specialist centres. Specializing in personalized treatments for adults and children of all ages, the clinics offer physiotherapy across all its clinics and pediatric physiotherapy, speech and language therapy, family counselling in Hong Kong. Alongside ProHealth's long standing physical operations, we invest and acquire well established medical practices in the Asia Pacific region.

At ProHealth Asia, they develop healthcare products that match their patients' needs in order to deliver on-time healthcare services with optimal results. Their healthcare clinics have over two decades of operational and specialty experience.

A major part of the value-add for ProHealth's Physiotherapy Clinics in Manila will be a comprehensive training programme for the physiotherapists. It will enable the staff to deliver a world-class service, modeled on ProHealth's successful clinics in Hong Kong and the service we provide for elite athletes through SPI ProHealth.

About ProHealth Physiotherapy Academy

As ProHealth Asia expands its presence throughout the region building world-class physiotherapy centres it will focus on a high standard of service to its clients. This will be reflected in the welcoming ambiance of the clinic environment and reinforced by the exceptional clinical skills of the physiotherapists.

To ensure the highest standard of care, ProHealth Asia has taken the unique step of developing an education programme, namely the ProHealth Physiotherapy Academy (PPA), which has identified internationally renowned therapists to further support our carefully selected physiotherapy staff. The aim of the PPA is to ensure the client receives the best possible treatment and overall experience whilst recovering from injury or surgery.

Physiotherapy is divided into many specialties which require continuous learning. Overseas and local experts are at the forefront of the newest concepts and techniques and are able to impart this knowledge to our physiotherapists through a series of education units. Private practice clientele generally encompass musculoskeletal complaints therefore we have tailored the PPA to concentrate on the areas which will most benefit our clients.

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